

# ELISA BRUNA MATILDE GALIMBERTI

## PERSONAL INFORMATIONS

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Date of birth 13 – 09 – 1980

## RESEARCH INTERESTS

Quantitative Research Methods in Health Psychology, Clinical Psychology and Psychiatry – Neurocognition and Decision Making in Psychiatric Patients and Healthy Subjects

## AQUIRED TITLES

**Year 2013** Ph.D. in Molecular Medicine, section of Experimental Neurology.  
**Years 2008** National Exam of Qualification for the Psychology Profession.  
Subscription “Ordine degli Psicologi della Lombardia” n 03/12334  
**Year 2006** Master Degree in Clinical Psychology.  
**Year 2004** Bachelor degree in Psychological Sciences and Techniques,  
Clinical and Community Field.

## EDUCATION

**2010-2013** **Ph.D. Student in Molecular Medicine, section of Experimental Neurology, International MD program at the Department of clinical Neuroscience, San Raffaele Hospital, Milan, Italy**  
Dissertation Title Executive Functioning in Eating Disorders  
Board Prof. Enrico Smeraldi and Prof. Giancarlo Comi  
Degree obtained in April 2013

**2004 -2006** **Master Degree in Clinical Psychology, Vita-Salute San Raffaele University, Milan (Italy)**  
Thesis Title Fear Conditioning and Skin Conductance: Methodological Aspects in Human Studies  
Board Prof.ssa Laura Bellodi; Dr. Giampaolo Perna  
Degree obtained in September 2006 (110/110 cum Laude)

**2001-2004** **Bachelor Degree in Psychological Sciences and Techniques, University Vita-Salute San Raffaele, Milan, Italy**  
Thesis Title Alexithymia and Alcohol Dependence: a Pilot Study  
Board Dott.ssa Mariagrazia Movalli  
Degree obtained in September 2004 (109/110)

## RESEARCH & WORK EXPERIENCE

**2014 - present** **Post-doc Researcher, Institute of Communication and Health, Faculty of Communication, University of Lugano, Switzerland.**  
**2007- 2014** **Department of Clinical Neuroscience, OCD and Spectrum**

Related Disorders Unit, San Raffaele Hospital, Milan (Italy).  
Directed by Prof.sa Laura Bellodi

Role **Research Fellowship**

### **PROJECTS FUNDED**

**Project** "Evaluation of outcome predictors in Anorexia Nervosa"  
Longitudinal study on the principal clinical, psychological and neurocognitive factors that influence the therapeutic outcome in Eating Disorders.

Role *Project Coordinator*

Funded by *Vita-Salute San Raffaele University in collaboration with Regione Lombardia*

**Project** "Gene-Environment Interaction in the Psychobiology of Panic Disorders"- Multicentric study centered on the evaluation of the psychological and biological markers in Panic Disorder"

Role *Project Collaborator*

Funded by *PRIN 2007 -Ministero dell'Istruzione, dell'Università e della Ricerca*

**Project** "Sensorimotor Gating and Cognitive Functioning in Obsessive Compulsive Disorders"

Role *Projects Collaborator*

Funded by *Regione Lombardia and FSE*

**Project** "The quality of life in Psychiatric Disorders". Longitudinal study centered on the evaluation of psychological and clinical variables that influence the quality of life in psychiatric populations.

Role *Project Collaborator*

Funded by *Vita-Salute San Raffaele University, Milan (Italy)*

### **OTHER PROJECTS**

**Project** "Implicit associations in Eating Disorders: experimental studies with the implicit associations test"

Role *Project Coordinator*

**Project** "Body Image and Body Schema in Eating Disorders"

Role *Project Coordinator*

2013 – present **University Centre for Statistics in the Biomedical Sciences (CUSSB)**, Vita-Salute San Raffaele University, Milan ( Italy)

**Project** "Interpreting emotion: a computational tool integrating facial expressions and biosignals based on shape analysis and Bayesian networks"

Funded by *FIRB 2012 – Futuro in ricerca - Ministero dell'Istruzione, dell'Università e della Ricerca*  
Role *Research Collaborator*

2010 – present **Fuori Dalla Rete Onlus, Milan (Italy)**  
Implementation and managements of research projects in the field of Obsessive Compulsive Disorders, Anxiety Disorders and Obsessive Compulsive Spectrum Disorders  
Project  
Role *Research Collaborator*

## TEACHING EXPERIENCE

2013 – present Vita-Salute San Raffaele University, Faculty of Psychology, Milan (Italy)  
Role **Seminar Lecturer**  
Course of Psychopathology of Cognitive Functions (Master Degree in Cognitive Neuroscience)

2012 – present Vita-Salute San Raffaele University, Faculty of Psychology, Milan (Italy)  
Role **Seminar Lecturer**  
Course of General Psychopathology (Master Degree in Clinical Psychology)  
Course of Introduction to the Psychopathology (Bachelor Degree in Psychological Science and Sciences and Techniques).

2008 – present Vita-Salute San Raffaele University, Faculty of Psychology, Milan (Italy)  
Role **Teaching Assistant and Seminar Lecturer**  
Course of Psychiatry (Master Degree in Clinical Psychology)  
Course of Application of Psychiatry (Bachelor Degree in Clinical Psychology and Bachelor Degree in Psychological Sciences and Techniques)

2008 – present Vita-Salute San Raffaele University, Faculty of Psychology, Milan (Italy)  
Role **Thesis assistant supervisor and student tutor**  
Master Degree in Clinical Psychology, Master Degree in Cognitive Neuroscience and Bachelor Degree in Psychological Sciences and Techniques

## CLINICAL EXPERIENCE

2009 – present **Clinical activity as Clinical Psychologist at Centro Studi di Neuroscienze, Milan (Italy)**

Main Activity Psychological and neurocognitive assessments; Counseling and Cognitive Behavioral Therapy with patients affected by Anxiety Disorders and Obsessive Compulsive Disorders

2009 – present **Clinical Collaborator (Volunteer) at the Psychiatric Day Hospital, Department of Clinical Neuroscience, San Raffaele Hospital, Milan (Italy)**

Main Activity Psychological, psychobiological and neurocognitive assessment of patients affected by psychiatric disorders, particularly Anxiety Disorders, Eating Disorders and Obsessive Compulsive Spectrum Disorders.

2006 **Post Laurea degree training at the Obsessive Compulsive Disorder Unit and the Eating Disorder Unit, Department of Clinical Neuroscience, San Raffaele Hospital, Milan (Italy)**

Main Activity Psychological assessment of patients affected by anxiety disorders, obsessive compulsive disorders and eating disorders; Activity of health education with psychiatric patients; Counselling with patients affected by Psychiatric Disorders

2004 **Post Laurea degree training at the Alcohol Dependence Unit, Department of Clinical Neuroscience, San Raffaele Hospital, Milan (Italy)**

Main Activity Psychological assessment and activity of Health education with patients affected by Alcohol Dependence

## REVIEWER ACTIVITIES

Psychiatry Research  
European psychiatry

## Personal skills and competences

Mother tongue Italian  
Other language English

## Social skills and competences

- Good ability to adapt to multidisciplinary environments and good communication skills gained through my experience as teacher, tutor and my experience with team work.

## Technical skills and competences

- Good knowledge about statistical software (STATISTICA, SPSS) and software for the implementation of experimental design (presentation, MatLab)

## Computer skills and competences

- Very good knowledge about software for the registration and the analysis of Psychophysiological signals (8BIOPAC, Acq, QUARKb2)
- Very good command of Microsoft Office and Windows system
- Very good knowledge about bibliographic database (PUBMED, PSYCHINFO)

## PUBLICATIONS

Martoni RM, Salgari G, **Galimberti E**, Cavallini MC, Bellodi L. Effect of gender and executive function on visuospatial working memory in adult obsessive-compulsive disorder. *Eur Arch Psychiatry Clin Neurosci*, 2015; (Epub ahead of print)

Martoni RM, Brombin C, Nonis A, Salgari GC, Buongiorno A, Cavallini MC, **Galimberti E**, Bellodi L. Evaluating effect of symptoms heterogeneity on decision making ability in obsessive-compulsive disorder. *Psychiatry Clin Neurosci*, 2015; 69(7): 402-10.

Fadda E, **Galimberti E**, Cammino S, Bellodi L. Smoking, physical activity and respiratory irregularities in patients with panic disorder. *Riv Pschiatr*, 2013; 48(4):293-3000.

**Galimberti E**, Fadda E, Cavallini MC, Martoni RM, Erzegovesi S, Bellodi L. Executive functioning in anorexia nervosa patients and their unaffected relatives. *Psychiatry Res*. 2013, 15,208(3):238-44

Bellodi L, Martoni RM, **Galimberti E**, Cavallini MC, Low baseline startle in anorexia nervosa patients. *Prog Neuropsychopharmacol Biol Psychiatry*, 2013, 10;40:26-29

**Galimberti E**, Martoni RM, Cavallini MC, Erzegovesi S, Bellodi. Motor inhibition and cognitive flexibility in eating disorder subtypes. *Prog Neuropsychopharmacol Biol Psychiatry*, 2012 30;36(2):307-12

**Galimberti E**, Fadda E, Cammino S, Bellodi L. "Impaired Discriminative Fear Learning and resistance to extinction in Panic Disorder", *Giornale Italiano di Psicopatologia*, 2011

## ORAL PRESENTATION AND THEMATIC SYMPOSIUM

G. Perna, D. Caldirola, **E. Galimberti**, R. Menotti, L. Bellodi: CO2 Models in Anxiety Disorders. Oral presentation SIP, Barcellona, 2008

G. Perna, E. Favaron, **E. Galimberti**, C. Namia, S. Graziano, L. Bellodi: " Il condizionamento nei disturbi d'ansia. Simposio tematico

XII Congresso Nazionale della Società italiana di psicopatologia,  
Roma 2008

Favaron E, Caldirola D., Grassi M., Biffi S., **Galimberti E.**, Bellodi L., Perna G.: Response to paroxetine and polymorphism of the Catecholamine O-Methyl Transferase in Panic Disorder. 8th International Meeting on Clinical Pharmacology in Psychiatry "The Genomic Interface". Worcester College, Oxford, UK. Settembre 25-28, 2005.

## POSTER PRESENTATION

Galimberti E, Fadda E, Cavallini MC, Martoni RM, Bassetti E, Erzegovesi S, Bellodi L.; Insoddisfazione e dispercezione dell'immagine corporea nell'Anoressia Nervosa. 11 congresso della Società Italiana di Psichiatria Biologica, 19-21 settembre 2013 Napoli

Fronza S., **Galimberti E.**, Fadda E., Fanini F., Bellodi L. "Implicit associations in Eating Disorders: an experimental study with the "self-esteem" implicit associations test". 19<sup>th</sup> European Congress of Psychiatry, Vienna 2011

Fadda E., Fronza S., **Galimberti E.**, Bellodi L. "The implicit "thin ideal" in Eating Disorder". 19<sup>th</sup> European Congress of Psychiatry, Vienna 2011

**Galimberti E.**, Sottocorno S., Martoni R., Fadda E., Bellodi L. "No evidence for deficient set-shifting in Obsessive-compulsive Disorder". 19<sup>th</sup> European Congress of Psychiatry, Vienna 2011

Fanini F., Fadda E., **Galimberti E.**, Sani V., Bellodi L. "Smoking and respiratory irregularities at rest in patients with Panic Disorder". 19<sup>th</sup> European Congress of Psychiatry, Vienna 2011

**Galimberti E.**, Scavelli V., Fadda E., Fanini F., Sani V., Bellodi L. "Executive dysfunctions in Anorexia Nervosa patients, Obsessive-compulsive patients and their unaffected relatives: searching for a new intermediate phenotype". 19<sup>th</sup> European Congress of Psychiatry, Vienna 2011

Sottocorno S., **Galimberti E.**, Fadda E., Martoni R., Bellodi L. "Response inhibition in the Obsessive-compulsive Spectrum". 19<sup>th</sup> European Congress of Psychiatry, Vienna 2011

Martoni R., Sottocorno S., **Galimberti E.**, Fadda E., Bellodi L. "The pre-pulse inhibition deficit in Obsessive-compulsive Disorder " 19<sup>th</sup> European Congress of Psychiatry, Vienna 2011

S. Erzegovesi, **E. Galimberti**, A. Ricceri, E. Fadda, U. Catenazzi, L. Bellodi "Cognitive and Psychopathological Dimensions of Eating Disorders". 18<sup>th</sup> European Congress of Psychiatry, Monaco 2010

**E. Galimberti**, U. Catenazzi, S. Cammino, E. Fadda, L. Bellodi "Impaired Discriminative Fear learning in Panic Disorder". 18<sup>th</sup> European Congress of Psychiatry, Monaco 2010

- E. Galimberti**, U. Catenazzi, S. Cammino, E. Fadda, L., Bellodi "Application of implicit association test to self-esteem construct". 18<sup>th</sup> European Congress of Psychiatry, Monaco 2010
- E. Fadda, U. Catenazzi, S. Cammino, S. Ozino, **E. Galimberti**, L. Bellodi "Modifying respiratory functionality in healthy subjects: towards development of anti-panic breathing therapy". 18<sup>th</sup> European Congress of Psychiatry, Monaco 2010
- E. Galimberti**, G. Perna, R. Pace, V.Sani, L. Bellodi: Variabili di influenza dello sviluppo e del mantenimento dell'agorafobia nel Disturbo di Panico. XIII Congresso Nazionale della Società italiana di psicopatologia, Roma 2009
- E. Galimberti**, G. Perna, V. Scavelli, U. Catenazzi, L. Bellodi: Prepulse Inhibition (PPI), Acoustic Startle Response e Disturbo di Panico. XIII Congresso Nazionale della Società italiana di psicopatologia, Roma 2009
- E. Galimberti**, C. Namia, C. Carminati, L. Bellodi, G. Perna: Condizionamento Classico e disturbo di panico: studio pilota su un campione di parenti di primo grado. *Giornale Italiano di Psicopatologia* 14: 274, 2008.
- E. Galimberti**, S. Biffi, U. Catenazzi, L. Bellodi, G. Perna: Influenza dell'uso di stimoli condizionati "prepared" sul processo di condizionamento classico. *Giornale Italiano di Psicopatologia* 14: 396, 2008.
- E. Galimberti**, E. Favaron, L. Bellodi, G. Perna: Influenza dell'uso di stimoli condizionati Fear-relevant e stimoli condizionati Fear-irrelevant sui processi di condizionamento. *Giornale Italiano di Psicopatologia* 14: 397, 2008.
- F. Biondini, M. Movalli, V. Garbellini, **E. Galimberti**: Misurazioni psicofisiologiche e percezione soggettiva del craving in pazienti alcol-dipendenti. Convegno AIP, Padova 2008
- E. Galimberti**, R. Menotti, S. Ozino, L. Bellodi, G. Perna: Processi di Condizionamento classico e acquisizione subliminale: studio pilota. *Giornale Italiano di Psicopatologia* 14: 397, 2008.
- S. Biffi, E. Favaron, **E. Galimberti**, L. Bellodi, G. Perna: Il condizionamento pavloviano nel disturbo di panico. *Giornale Italiano di Psicopatologia* 12: 238, 2006

*Elisa Galimberti*