

ELISA BRUNA MATILDE GALIMBERTI

PERSONAL INFORMATIONS

Address Via Giuseppe Buffi 6, 6900, Lugano, Svizzera
Telephone Mobile +41788377878
E-mail galimberti.elisa@usi.ch
Date of birth 13 – 09 – 1980

RESEARCH INTERESTS

Quantitative Research Methods in Health Psychology, Clinical Psychology and Psychiatry – Neurocognition and Decision Making in Psychiatric Patients and Healthy Subjects

AQUIRED TITLES

Year 2013 Ph.D. in Molecular Medicine, section of Experimental Neurology.
Years 2008 National Exam of Qualification for the Psychology Profession.
Subscription “Ordine degli Psicologi della Lombardia” n 03/12334
Year 2006 Master Degree in Clinical Psychology.
Year 2004 Bachelor degree in Psychological Sciences and Techniques,
Clinical and Community Field.

EDUCATION

2010-2013 **Ph.D. Student in Molecular Medicine, section of Experimental Neurology, International MD program at the Department of clinical Neuroscience, San Raffaele Hospital, Milan, Italy**
Dissertation Title Executive Functioning in Eating Disorders
Board Prof. Enrico Smeraldi and Prof. Giancarlo Comi
Degree obtained in April 2013

2004 -2006 **Master Degree in Clinical Psychology, Vita-Salute San Raffaele University, Milan (Italy)**
Thesis Title Fear Conditioning and Skin Conductance: Methodological Aspects in Human Studies
Board Prof.ssa Laura Bellodi; Dr. Giampaolo Perna
Degree obtained in September 2006 (110/110 cum Laude)

2001-2004 **Bachelor Degree in Psychological Sciences and Techniques, University Vita-Salute San Raffaele, Milan, Italy**
Thesis Title Alexithymia and Alcohol Dependence: a Pilot Study
Board Dott.ssa Mariagrazia Movalli
Degree obtained in September 2004 (109/110)

RESEARCH & WORK EXPERIENCE

2014 - present **Post-doc Researcher, Institute of Communication and Health, Faculty of Communication, University of Lugano, Switzerland.**
2007- 2014 **Department of Clinical Neuroscience, OCD and Spectrum**

Related Disorders Unit, San Raffaele Hospital, Milan (Italy).
Directed by Prof.sa Laura Bellodi

Role **Research Fellowship**

PROJECTS FUNDED

Project "Evaluation of outcome predictors in Anorexia Nervosa"
Longitudinal study on the principal clinical, psychological and neurocognitive factors that influence the therapeutic outcome in Eating Disorders.

Role *Project Coordinator*

Funded by *Vita-Salute San Raffaele University in collaboration with Regione Lombardia*

Project "Gene-Environment Interaction in the Psychobiology of Panic Disorders"- Multicentric study centered on the evaluation of the psychological and biological markers in Panic Disorder"

Role *Project Collaborator*

Funded by *PRIN 2007 -Ministero dell'Istruzione, dell'Università e della Ricerca*

Project "Sensorimotor Gating and Cognitive Functioning in Obsessive Compulsive Disorders"

Role *Projects Collaborator*

Funded by *Regione Lombardia and FSE*

Project "The quality of life in Psychiatric Disorders". Longitudinal study centered on the evaluation of psychological and clinical variables that influence the quality of life in psychiatric populations.

Role *Project Collaborator*

Funded by *Vita-Salute San Raffaele University, Milan (Italy)*

OTHER PROJECTS

Project "Implicit associations in Eating Disorders: experimental studies with the implicit associations test"

Role *Project Coordinator*

Project "Body Image and Body Schema in Eating Disorders"

Role *Project Coordinator*

2013 – present **University Centre for Statistics in the Biomedical Sciences (CUSSB)**, Vita-Salute San Raffaele University, Milan (Italy)r

Project "Interpreting emotion: a computational tool integrating facial expressions and biosignals based on shape analysis and Bayesian networks"

Funded by *FIRB 2012 – Futuro in ricerca - Ministero dell'Istruzione, dell'Università e della Ricerca*
Role *Research Collaborator*

2010 – present **Fuori Dalla Rete Onlus, Milan (Italy)**
Implementation and managements of research projects in the field of Obsessive Compulsive Disorders, Anxiety Disorders and Obsessive Compulsive Spectrum Disorders
Project
Role *Research Collaborator*

TEACHING EXPERIENCE

2013 – present Vita-Salute San Raffaele University, Faculty of Psychology, Milan (Italy)
Role **Seminar Lecturer**
Course of Psychopathology of Cognitive Functions (Master Degree in Cognitive Neuroscience)

2012 – present Vita-Salute San Raffaele University, Faculty of Psychology, Milan (Italy)
Role **Seminar Lecturer**
Course of General Psychopathology (Master Degree in Clinical Psychology)
Course of Introduction to the Psychopathology (Bachelor Degree in Psychological Science and Sciences and Techniques).

2008 – present Vita-Salute San Raffaele University, Faculty of Psychology, Milan (Italy)
Role **Teaching Assistant and Seminar Lecturer**
Course of Psychiatry (Master Degree in Clinical Psychology)
Course of Application of Psychiatry (Bachelor Degree in Clinical Psychology and Bachelor Degree in Psychological Sciences and Techniques)

2008 – present Vita-Salute San Raffaele University, Faculty of Psychology, Milan (Italy)
Role **Thesis assistant supervisor and student tutor**
Master Degree in Clinical Psychology, Master Degree in Cognitive Neuroscience and Bachelor Degree in Psychological Sciences and Techniques

CLINICAL EXPERIENCE

2009 – present **Clinical activity as Clinical Psychologist at Centro Studi di Neuroscienze, Milan (Italy)**

Main Activity Psychological and neurocognitive assessments; Counseling and Cognitive Behavioral Therapy with patients affected by Anxiety Disorders and Obsessive Compulsive Disorders

2009 – present **Clinical Collaborator (Volunteer) at the Psychiatric Day Hospital, Department of Clinical Neuroscience, San Raffaele Hospital, Milan (Italy)**

Main Activity Psychological, psychobiological and neurocognitive assessment of patients affected by psychiatric disorders, particularly Anxiety Disorders, Eating Disorders and Obsessive Compulsive Spectrum Disorders.

2006 **Post Laurea degree training at the Obsessive Compulsive Disorder Unit and the Eating Disorder Unit, Department of Clinical Neuroscience, San Raffaele Hospital, Milan (Italy)**

Main Activity Psychological assessment of patients affected by anxiety disorders, obsessive compulsive disorders and eating disorders; Activity of health education with psychiatric patients; Counselling with patients affected by Psychiatric Disorders

2004 **Post Laurea degree training at the Alcohol Dependence Unit, Department of Clinical Neuroscience, San Raffaele Hospital, Milan (Italy)**

Main Activity Psychological assessment and activity of Health education with patients affected by Alcohol Dependence

REVIEWER ACTIVITIES

Psychiatry Research
European psychiatry

Personal skills and competences

Mother tongue Italian
Other language English

Social skills and competences

- Good ability to adapt to multidisciplinary environments and good communication skills gained through my experience as teacher, tutor and my experience with team work.

Technical skills and competences

- Good knowledge about statistical software (STATISTICA, SPSS) and software for the implementation of experimental design (presentation, MatLab)

Computer skills and competences

- Very good knowledge about software for the registration and the analysis of Psychophysiological signals (8BIOPAC, Acq, QUARKb2)
- Very good command of Microsoft Office and Windows system
- Very good knowledge about bibliographic database (PUBMED, PSYCHINFO)

PUBLICATIONS

Martoni RM, Salgari G, **Galimberti E**, Cavallini MC, Bellodi L. Effect of gender and executive function on visuospatial working memory in adult obsessive-compulsive disorder. *Eur Arch Psychiatry Clin Neurosci*, 2015; (Epub ahead of print)

Martoni RM, Brombin C, Nonis A, Salgari GC, Buongiorno A, Cavallini MC, **Galimberti E**, Bellodi L. Evaluating effect of symptoms heterogeneity on decision making ability in obsessive-compulsive disorder. *Psychiatry Clin Neurosci*, 2015; 69(7): 402-10.

Fadda E, **Galimberti E**, Cammino S, Bellodi L. Smoking, physical activity and respiratory irregularities in patients with panic disorder. *Riv Pschiatr*, 2013; 48(4):293-3000.

Galimberti E, Fadda E, Cavallini MC, Martoni RM, Erzegovesi S, Bellodi L. Executive functioning in anorexia nervosa patients and their unaffected relatives. *Psychiatry Res*. 2013, 15,208(3):238-44

Bellodi L, Martoni RM, **Galimberti E**, Cavallini MC, Low baseline startle in anorexia nervosa patients. *Prog Neuropsychopharmacol Biol Psychiatry*, 2013, 10;40:26-29

Galimberti E, Martoni RM, Cavallini MC, Erzegovesi S, Bellodi. Motor inhibition and cognitive flexibility in eating disorder subtypes. *Prog Neuropsychopharmacol Biol Psychiatry*, 2012 30;36(2):307-12

Galimberti E, Fadda E, Cammino S, Bellodi L. "Impaired Discriminative Fear Learning and resistance to extinction in Panic Disorder", *Giornale Italiano di Psicopatologia*, 2011

ORAL PRESENTATION AND THEMATIC SYMPOSIUM

G. Perna, D. Caldirola, **E. Galimberti**, R. Menotti, L. Bellodi: CO2 Models in Anxiety Disorders. Oral presentation SIP, Barcellona, 2008

G. Perna, E. Favaron, **E. Galimberti**, C. Namia, S. Graziano, L. Bellodi: " Il condizionamento nei disturbi d'ansia. Simposio tematico

XII Congresso Nazionale della Società italiana di psicopatologia,
Roma 2008

Favaron E, Caldirola D., Grassi M., Biffi S., **Galimberti E.**, Bellodi L., Perna G.: Response to paroxetine and polymorphism of the Catecholamine O-Methyl Transferase in Panic Disorder. 8th International Meeting on Clinical Pharmacology in Psychiatry "The Genomic Interface". Worcester College, Oxford, UK. Settembre 25-28, 2005.

POSTER PRESENTATION

Galimberti E, Fadda E, Cavallini MC, Martoni RM, Bassetti E, Erzegovesi S, Bellodi L.; Insoddisfazione e dispercezione dell'immagine corporea nell'Anoressia Nervosa. 11 congresso della Società Italiana di Psichiatria Biologica, 19-21 settembre 2013 Napoli

Fronza S., **Galimberti E.**, Fadda E., Fanini F., Bellodi L. "Implicit associations in Eating Disorders: an experimental study with the "self-esteem" implicit associations test". 19th European Congress of Psychiatry, Vienna 2011

Fadda E., Fronza S., **Galimberti E.**, Bellodi L. "The implicit "thin ideal" in Eating Disorder". 19th European Congress of Psychiatry, Vienna 2011

Galimberti E., Sottocorno S., Martoni R., Fadda E., Bellodi L. "No evidence for deficient set-shifting in Obsessive-compulsive Disorder". 19th European Congress of Psychiatry, Vienna 2011

Fanini F., Fadda E., **Galimberti E.**, Sani V., Bellodi L. "Smoking and respiratory irregularities at rest in patients with Panic Disorder". 19th European Congress of Psychiatry, Vienna 2011

Galimberti E., Scavelli V., Fadda E., Fanini F., Sani V., Bellodi L. "Executive dysfunctions in Anorexia Nervosa patients, Obsessive-compulsive patients and their unaffected relatives: searching for a new intermediate phenotype". 19th European Congress of Psychiatry, Vienna 2011

Sottocorno S., **Galimberti E.**, Fadda E., Martoni R., Bellodi L. "Response inhibition in the Obsessive-compulsive Spectrum". 19th European Congress of Psychiatry, Vienna 2011

Martoni R., Sottocorno S., **Galimberti E.**, Fadda E., Bellodi L. "The pre-pulse inhibition deficit in Obsessive-compulsive Disorder " 19th European Congress of Psychiatry, Vienna 2011

S. Erzegovesi, **E. Galimberti**, A. Ricceri, E. Fadda, U. Catenazzi, L. Bellodi "Cognitive and Psychopathological Dimensions of Eating Disorders". 18th European Congress of Psychiatry, Monaco 2010

E. Galimberti, U. Catenazzi, S. Cammino, E. Fadda, L. Bellodi "Impaired Discriminative Fear learning in Panic Disorder". 18th European Congress of Psychiatry, Monaco 2010

- E. Galimberti**, U. Catenazzi, S. Cammino, E. Fadda, L., Bellodi "Application of implicit association test to self-esteem construct". 18th European Congress of Psychiatry, Monaco 2010
- E. Fadda, U. Catenazzi, S. Cammino, S. Ozino, **E. Galimberti**, L. Bellodi "Modifying respiratory functionality in healthy subjects: towards development of anti-panic breathing therapy". 18th European Congress of Psychiatry, Monaco 2010
- E. Galimberti**, G. Perna, R. Pace, V.Sani, L. Bellodi: Variabili di influenza dello sviluppo e del mantenimento dell'agorafobia nel Disturbo di Panico. XIII Congresso Nazionale della Società italiana di psicopatologia, Roma 2009
- E. Galimberti**, G. Perna, V. Scavelli, U. Catenazzi, L. Bellodi: Prepulse Inhibition (PPI), Acoustic Startle Response e Disturbo di Panico. XIII Congresso Nazionale della Società italiana di psicopatologia, Roma 2009
- E. Galimberti**, C. Namia, C. Carminati, L. Bellodi, G. Perna: Condizionamento Classico e disturbo di panico: studio pilota su un campione di parenti di primo grado. *Giornale Italiano di Psicopatologia* 14: 274, 2008.
- E. Galimberti**, S. Biffi, U. Catenazzi, L. Bellodi, G. Perna: Influenza dell'uso di stimoli condizionati "prepared" sul processo di condizionamento classico. *Giornale Italiano di Psicopatologia* 14: 396, 2008.
- E. Galimberti**, E. Favaron, L. Bellodi, G. Perna: Influenza dell'uso di stimoli condizionati Fear-relevant e stimoli condizionati Fear-irrelevant sui processi di condizionamento. *Giornale Italiano di Psicopatologia* 14: 397, 2008.
- F. Biondini, M. Movalli, V. Garbellini, **E. Galimberti**: Misurazioni psicofisiologiche e percezione soggettiva del craving in pazienti alcol-dipendenti. Convegno AIP, Padova 2008
- E. Galimberti**, R. Menotti, S. Ozino, L. Bellodi, G. Perna: Processi di Condizionamento classico e acquisizione subliminale: studio pilota. *Giornale Italiano di Psicopatologia* 14: 397, 2008.
- S. Biffi, E. Favaron, **E. Galimberti**, L. Bellodi, G. Perna: Il condizionamento pavloviano nel disturbo di panico. *Giornale Italiano di Psicopatologia* 12: 238, 2006

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