CURRICULUM VITAE

Full name Eva Koetsier

Titles PD, MD, PhD, MLaw

Date of birth November 15, 1976

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Address Pain Management Center

Neurocenter of Southern

Switzerland, EOC

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Switzerland

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ABOUT ME

Following a master university degree in Law and a in Medicine, in 2001 and 2005 respectively, I obtained the specialization degree in Anesthesiology in 2011 at the VU University Medical Center of Amsterdam. During this period, I worked as a Legal Consultant in a prominent Law Firm in Amsterdam, as a Colomnist regarding legal cases of anaesthesiologists and as a Member of the Legal Committee of the National Anesthesia Association in the Netherlands. In 2012, I completed a one-year clinical fellowship in Pain Management at the OLVG of Amsterdam. Since 2013, I moved to Switzerland (Tessin). I am Senior Consultant (Leitender Artz) at the Pain Management Center of the Neurocenter of Southern Switzerland and the Anesthesiology Service of the Ospedale Regionale di Lugano, and Head of Research at the Pain Management Center of the Neurocenter of Southern Switzerland. Besides an intense clinical commitment, I nurture a great passion for clinical research. In September 2020, I completed my PhD traject at the Maastricht University and I obtained the role of Privat Dozent at the Universita' of Svizzera Italiana in June 2021. My research interest is mainly focused on minimal invasive (spinal) interventions and neuromodulation. I am married to Jelle Jansen, with who I run our agriturismo in Luino, Italy and we have two sons: Zico (2005) and Mika (2010).

POSITIONS AND APPOINTMENTS

Since 06/2021 Privat Dozent (PD)

Faculty of Biomedical Sciences, Università della Svizzera

Italiana, Lugano, Switzerland

Since 07/2019 Senior Consultant (Caposervizio)

Pain Management Center, Neurocenter of Southern

Switzerland and Division of Anesthaesiology,

Department of Acute Medicine Regional Hospital of

Lugano, Switzerland

03/2017 - 09/2020 **PhD researcher**

Maastricht University, Faculty of Health
Medicine and Life Sciences, Maastricht, The Netherlands

Since 06/2017 Co-Owner agriturismo

Agriturismo Voeuja

Luino, Italy, https://voeuja.it/

02/2013 - 06/2019 Consultant

Pain Management Center, Neurocenter of Southern

Switzerland, EOC

Division of Anesthesiology, Department of Acute Medicine

Regional Hospital of Lugano, Switzerland

01/2012 - 01/2013 Fellow Interventional Pain Management

Department of Anaesthesiology, OLVG/Amsterdam UMC

Amsterdam, the Netherlands

11/2011 - 01/2013 Consultant

Department of Anaesthesiology

Onze Lieve Vrouwe Gasthuis, Amsterdam, The

Netherlands

10/2011 - 11/2011 Consultant

Department of Anaesthesiology

Rode Kruis Ziekenhuis, Beverwijk, The Netherlands

Journal of the Dutch Association of Anaesthesiology

Regular column about juridical cases regarding

anesthesiologists

01/2010 - 01/2013 Member of the Juridical Committee of the Dutch

Association of Anaesthesiology

 $07/2008 - 09/2011 \qquad \textbf{Senior Resident}$

Department of Anaesthesiology and Intensive care, Prof.

S. Loer and Prof.Dr. A. Girbes, VU University Medical

Center, Amsterdam, The Netherlands

07/2007 - 06/2008 Resident

Department of Anaesthesiology, Lucas Andreas

Ziekenhuis, Amsterdam, the Netherlands

07/2006 - 06/2007 Resident

Department of Anaesthesiology, Prof. S. Loer, VU

University Medical Center, Amsterdam, The Netherlands

07/2005 - 06/2006 Resident

Department of Cardiology, BovenIJ Hospital,

Amsterdam, The Netherlands

09/2001 - 09/2003 Legal Consultant

Department of labour law, Boekel De Nerée

Amsterdam, The Netherlands

EDUCATION

Formal training

03/2017 - 09/2020 **PhD in Pain Medicine**

Title of thesis: Dorsal Root Ganglion Stimulation for Pain

Relief in Painful Polyneuropathy: Efficacy and

Mechanism of Action. September 11, 2020, Maastricht.

- Fac. Health, Medicine and Life Sciences,

Maastricht University, Maastricht,

The Netherlands (director: Prof. dr. E.A.J. Joosten)

Department of Anesthesiology and Pain Management,

Maastricht University Medical Center+, Maastricht,

The Netherlands (director: Prof. dr. J.H.M. van

Zundert)

01//2012 - 01/2013 Pain Physician

Department of Anaesthesiology, OLVG / UMC,

Amsterdam, The Netherlands

07/2006 - 09/2011 Anaesthesiologist

Resident in training in Anaesthesiology

 $\label{eq:continuous} \begin{tabular}{ll} Department of Anaesthesiology and Intensive care, VU \\ University Medical Center, Amsterdam, The Netherlands \\ \end{tabular}$

09/1999 – 06/2005 Degree in Medicine (MD – Medical Doctor)

University of Amsterdam, The Netherlands

University of Amsterdam, The Netherlands

// 09/1995 - 09/1996 Travelling + Working in Australia and New Sealand

11

09/1989 - 09/1995 High School Gymnasium

10 disciplines, linguistics + scientific Amsterdam, The Netherlands

09/1983 - 09/1989 **Primary school**

Monnickendam, The Netherlands

Courses

28/04/2021 Systematic Review and Meta-analysis

CTU-EOC, Bellinzona, Switzerland (Trainer: Prof. Dr.

med. G. Treglia)

5 SIWF FMH credits, 4.5 SwAPP credits

12/2020 **Teach the Teacher**

Facoltà di scienze biomediche, Università della Svizzera

italiana, Lugano, Switzerland

34-hours course

10/2019 GCP Sponsor-Investigator Level

CTU-EOC and external referees, Bellinzona, Switzerland

7 SIWF FMH credits, 6 SwAPP credits

10/2019 GCP Investigator Level

CTU-EOC and external referees, Bellinzona, Switzerland

7 SIWF FMH credits, 6 SwAPP credits

10/2019 Swiss Pain Congress

Montreux, Switzerland

12 CME credits 06/2019 Euroanaesthesia 2019 Vienna, Austria 22 CME credits 05/2019 **Certificate Persuasive Speaking** Barcelona, Spain 2-days course 11/2018 - 05/2019**Exploring advancements in neuromodulation Abbott Neuromodulation Education** Dusseldorf, Germany, and Barcelona, Spain 3 x 3-days course 09/2018 L'assicurazione Invalidita' e il SMR per i medici assistenti Centre de formation AI, Bellinzona, Switzerland SIWF/FMH/ISFM: 6 credits, SIM: 6 credits 06/2018 Euroanaesthesia 2018 Copenhagen, Denmark 17 CME credits 06/2018 Perfezione e aggiornamento in medicina intensiva Lugano, Switzerland 5.5 CME credits 05/2018 **National Examination in Radioprotection** Corso di radioprotezione tipo B Centro professionale sociosanitario di Locarno-Lugano, Switzerland (4 days) 05/2018 9th World Congress of the World Institute of Pain Dublin, Ireland 23 CME credits 11/2017 **Swiss Pain Congress** Swiss Society for Interventional Pain Management Montreux, Switzerland

21 CME credits

10th Congress of the European Pain Federation, EFIC
Copenhagen, Denmark
18 CME credits

12 CME credits

36th Annual ESRA Congress

Lugano, Switzerland

09/2017

09/2017

06/2017 Euroanaesthesia 2017 Geneva, Switzerland 18 CME credits 03/2017 Utilizzo dell'ecografia nell'anestesia perimidollare: indicazioni e limiti AMACTI, Lugano, Switzerland 2 SSAR credits 11/2016 **Swiss Pain Congress** Swiss Society for Interventional Pain Management Montreux, Switzerland 12 CME credits 09/2016 35rd Annual ESRA Congress Maastricht, The Netherlands 21 CME credits 06/2016 ESNR 7th AdvancedCourse of HQ in Interventional Spine Neuroradiology Geneva, Switzerland 21 CME credits 05/2016 Euroanaesthesia 2016 London, United Kingdom 17 CME credits 12/2015 GCP Module 1 Investigator Level CTU-EOC, Bellinzona, Switzerland 8 SIWF FMH credits 11/2015 **Swiss Pain Congress** Swiss Society for Interventional Pain Management Montreux, Switzerland 12 CME credits 09/2015 9th Congress of the European Pain Federation, EFIC Vienna, Austria 23 CME credits 05/2015 Euroanaesthesia 2015 Berlin, Germany 18 CME credits 06/2015 **GCP Module 1 Investigator Level** CTU-EOC, Bellinzona, Switzerland

8 SIWF FMH credits

09/2014 33rd Annual ESRA Congress Seville, Spain 21 CME credits 05/2014 7the World Congress of the World Institute of Pain Maastricht, The Netherlands 18 CME credits 02/2013 - 12/2020 Continuous education in Anaesthesiology Division of Anesthesiology, Department of Acute Medicine, Regional Hospital of Lugano, Switzerland 108 SSAR - SGAR credits AMACTI64 SSAR - SGAR credits 10/2013 8th Congress of the European Pain Federation, EFIC Florance, Italy 19 CME credits 06/2013 Intrathecal Drug Delivery - Course III Barcelona, Spain 9 CME credits 11/2012 Pain days Arnhem, The Netherlands 5 CME credits 05/2012 Comprehensive review course for FIPP exam London, United Kingdom 32 CME credits 05/2012 **Evidence and Guidelines Symposium on Interventional Pain Procedures** World Institute of Pain London, United Kingdom 10 CME credits 01/2012 **National Examination in Radioprotection** Leiden Universital Medical Center, The Netherlands (5 days) 06/2011 Access to the airway; special intubation techniques **Dutch Association of Anaesthesiology** Maastricht, The Netherlands (11 hours) 04/2011 Simulation based Airway Management Training in Intensive

Care

VU University Medical Center, Amsterdam, The

Netherlands

Amsterdam, The Netherlands

11/2010 **Bronchoscopy for Intensivist**

VU University Medical Center, Amsterdam, The

Netherlands

Amsterdam, The Netherlands

2-days course

06/2010 **Teach the Teacher**

VU University Medical Center, Amsterdam, The

Netherlands

Amsterdam, The Netherlands

4-days course

04/2007 **ATLS Provider Course**

Dutch Association of Advanced Trauma Life Support

Riel, The Netherlands

15 credits Dutch Association of Anaesthesiology

LANGUAGES

Mother tongue Dutch

Other languages

Reading skills: Excellent; Writing skills: Excellent;

Verbal skills: Excellent

Italian

English

Reading skills: Excellent; Writing skills: Excellent;

Verbal skills: Excellen, level B2 certificate on 06/12/2012

German

Reading skills: Excellent; Writing skills: Good;

Verbal skills: Good

French

Reading skills: Good; Writing skills: Intermediate;

Verbal skills: Intermediate

COUNSELLING FOR SCIENTIFIC JOURNALS - REVIEWER

- Journal of Pain Research
- European Radiology
- Neuromodulation, Technology at the Neural Interface
- Pain Management
- Brain Sciences
- Pain Practice
- Scientific Reports
- Postgraduate Medicine
- Medicine
- Clinical Case Reports

https://orcid.org/0000-0002-8786-0665

https://publons.com/researcher/ABG-1802-2020/

THESIS PROMOTORSHIP AND SUPERVISION

PhD-trajectories

Co-promotorships, ongoing supervision at the University of Maastricht:

- Dr. med. P. Scarone, Senior Consultant, Department of Neurosurgery, Neurocenter of Southern Switserland. Title: The Impact of Psychological Factors on Outcome in Spinal Surgery.
- Prof. Dr. med. A. Cianfoni, Head of the Service of Diagnostic and Interventional Radiology, Neurocenter of Southern Switserland, EOC. Title: Minimally Invasive SAIF Vertebral Reconstruction Technique in Unstable Vertebral Compression Fractures.

Master Thesis trajectories

Co-promotorships, finalished:

F.P.A. Colli, Pain Management Center, Neurocenter of Southern Switserland, EOC. Title:
 Radiation Dose Exposure for Lumbar Transforaminal Epidural Steroid Injections and

RESEARCH FUNDS

In the Role of Principal Investigator and Author of the Study Protocol (Investigator Initiated Trials)

Unrestriced Grant ABREOC, competitive, foundation of the study 'PREFerred Neurostimulation MODdalities to treat chronic intractable back pain, A 3x3 Crossover Study', 40'497 CHF
 Unrestriced Grant ABREOC, competitive, foundation of the study 'Dorsal Root Ganglion Stimulation for the Management of Painful Intractable Small Fibre Neuropathy. A Prospective Case Series', 40'777 CHF

In the Role of Sponsor Investigator and Author of the Study Protocol (Investigator Initiated Trials)

2018 Unrestriced Grant ABREOC, competitive, foundation of the study 'The Impact of Cognitive Behavioral Therapy (CBT) on Treatment Outcome after Lumbar Spinal Fusion Surgery in Patients with High Pain Catastrophizing: a Two-center Randomized Controlled Trial of CBT vs.

Education', 60'301 CHF

In the Role of Co-Investigator

2018 Unrestriced Grant Boston Scientific AG (foundation of the study 'A Global Registry to Evaluate Long-Term

	Effectiveness of Neurostimulation Therapy for Pain
	(RELIEF) Protocol A7007 Rif.CE 2757, 8'919 CHF
2018	Unrestriced grant St. Jude Medical AG to support research
	projects in the field of neuromodulation, 60'000 CHF
2017	Unrestriced Grant Boston Scientific AG, foundation of the
	study 'A Global Registry to Evaluate Long-Term
	Effectiveness of Neurostimulation Therapy for Pain
	(RELIEF) Protocol A7007 Rif.CE 2757, $11^{\circ}655$ CHF
2016	Unrestriced Grant Boston Scientific AG, foundation of the
	study 'A Global Registry to Evaluate Long-Term
	Effectiveness of Neurostimulation Therapy for Pain
	(RELIEF) Protocol A7007 Rif.CE 2757, 7'366 CHF
2015	Unrestriced Grant St.Jude Medical AG, to support
	research projects in the field of neuromodulation, 30'000
	CHF)
2015	Unrestriced Grant Boston Scientific AG, foundation of the
	study 'A Global Registry to Evaluate Long-Term
	Effectiveness of Neurostimulation Therapy for Pain
	(RELIEF) Protocol A7007 Rif.CE 2757, 13'805 CHF
2014	Unrestriced Grant St.Jude Medical AG, to support
	research projects in the field of neuromodulation, 40'000
	CHF

TEACHING

- Pain, an introduction, Lesson for residents of anestesia of Ticino, Switzerland, 26.05.2021
- Presentation PhD thesis, Maastricht (NL) (2020), visible at:
 https://mediasite.maastrichtuniversity.nl/Mediasite/Play/8a296e8687944061a5a8b488499dfd54

 1d
- Presentation at the internal updating courses of the Neurology Department of the Regional Hospital of Lugano (2018)
- Speaker at the International PhD Program: Seminars in Biomedical Neurosciences,
 Neurocenter of Southern Switzerland (2018)
- Several presentations at the internal updating courses of the Neurosurgery Department of the Regional Hospital of Lugano (2019, 2018, 2017)
- Case-based learning weekly for Junior Doctors and Nurse Anaesthetist Regional Hospital of Lugano (2018-2020)
- Speaker at several Dutch Anestesia congresses, Health Law for Anaesthiologist
- Poster presentations:
 - Maino P., Melli G., van Kuijk S.M.J., Dukanac J., Barbero M., Koetsier E, Dorsal Root Ganglion Stimulation for the Management of Intractable Painful Polyneuropathy: A Prospective Pilot Study, 10^a Giornata della Ricerca in Medicina Umana, Lugano, Switzerland, June 6, 2021.
 - Dukanac J., Maino P., van Kuijk S.M.J., Koetsier E. Refill Septum Identification
 Accuracy of Intrathecal Drug Delivery System Devices with a Raised Septum on Pump
 Surface, 41° Congresso nazionale dell'Associazione Italiana per lo Studio del Dolore, Roma,
 June7-9, 2018.
 - Maino P., Joosten EA, Koetsier E. Spinal cord stimulation of the L5 dorsal root ganglion for the treatment of experimental painful diabetic polyneuropathy, 7° Giornata della Ricerca, Lugano, Switzerland, March 10, 2017.
 - Maino P., Koetsier E, D. Kuhlen, V. Ross, Perez R.S.G.M. A Successful case of intradiscal hydrogel implantation for the treatment of chronic intractable discogenic pain: a Case Report. 35the Annual ESRA Congress, Maastricht, The Netherlands Sept7-10, 2016.
 - Maino P., Koetsier E., Kaelin-Lang A., Gobbi C., Perez R.S.G.M. Efficacious Dorsal Root Ganglion Stimulation for Painful Small Fiber Neuropathy: a Case Report, Poster, 6°
 Giornata della Ricerca, Lugano, Switzerland, 18-03-2016.
 - E. Koetsier, P Maino, R.S.G.M. Perez. Liquor sample confirms intrathecal fentanyl overdose caused by intrathecal pump malfunction, Poster, 9th Congress of the European Pain Federation (EFIC), PAIN IN EUROPE Vienna, Austria, Sept 2-5, 2015.

- P Maino, E Koetsier, C Gobbi, J Subbaroyan, A case study in targeted spinal cord stimulation (SCS) for small fiber neuropathy: the clinical utility of the dorsal root ganglion (DRG) as a neuromodulation target., poster, 18th Annual Meeting of the North American Neuromodulation Society, December 11-14 2014, Las Vegas, NV.
- E. Koetsier, V. Vano, P. Maino. From surgical plate electrode to dorsal root ganglion stimulation, 29 year of effective neuropathic pain relief with neuromodulation: a case report, Poster and Oral communication, 33rd Annual ESRA Congress, Sept 3-6, 2014.
- P. Maino, R.S.G.M. Perez, E. Koetsier, Accuracy of template-guided refill technique of intrathecal pumps controlled by fluoroscopy, Poster, World Pain Congress Maastricht The Netherlands May 7-10, 2014
- P. Maino, E. Koetsier, L. Codipietro, V. Ross, Dorsal root ganglions stimulation versus classic SCS for intractable neuropathic pain in difficult to target anatomical locations, Poster, 8th Congress of the European Pain Federation (EFIC), PAIN IN EUROPE Florence, Italy, October 9-12, 2013.
- P. Maino, E. Koetsier, L. Codipietro, Fluoroscopic guided localization of refill port of the intrathecal pump reservoir decreases risk of inadvertent soft tissue injection. 8th Congress of the European Federation of IASP Chapters (EFIC) – PAIN IN EUROPE Florence, Italy, October 9-12, 2013.
- P. Maino, E. Koetsier, Topical high-concentration capsaicin (8%) relieves persistent postsurgical pain (PPSP), poster presentation 8th Congress of the European Pain Federation (EFIC), Florence, Italy, October 9-12, 2013.

SCIENTIFIC QUALITY

Hirsch Factor: 8

PhD Thesis Title of thesis: Dorsal Root Ganglion Stimulation for Pain Relief in Painful

Polyneuropathy: Efficacy and Mechanism of Action. Book of thesis visible at:

https://www.globalacademicpress.com/ebooks/eva_koetsier/4 September 11, 2020, Maastricht

Scientific works published in journals with editorial policy

Original works and systematic reviews

- Scarone P, Smeets A, van Kuijk SMJ, van Santbrink H, Peters M, Koetsier E. A Randomized Controlled TRIal of Cognitive BEhavioral Therapy for High CAtastrophizing Patients undergoing Lumbar Fusion Surgery: the TRIBECA study. BMC Muscoloskeletal Disorders. 2020;21:810.
- Koetsier E, van Kuijk SMJ, Melli G, Dukanac J, Barbero M, van Zundert J, Joosten EA, Maino P. Dorsal Root Ganglion Stimulation for the Management of Intractable Painful Polyneuropathy: A Prospective Pilot Study. Neuromodulation. 2021;24:685-694.
- Koetsier E, Franken G, Debets J, van Kuijk SMJ, Linderoth B, Joosten EA, Maino P. Dorsal Root Ganglion Stimulation in Experimental Painful Diabetic Polyneuropathy: Delayed Washout of Pain Relief after Low-Frequency (1Hz) Stimulation. Neuromodulation. 2020;2:177-184.
- Koetsier E, Franken G, Debets J, Heijmans L, van Kuijk SMJ, Linderoth B, Joosten EA, Maino P. Mechanism of Dorsal Root Ganglion Stimulation for Pain Relief in Painful Diabetic Polyneuropathy is Not Dependent on GABA Release in the Dorsal Horn of the Spinal Cord. CNS Neuroscience & Therapeutics. 2020;26:136-143.
- Maino P, van Kuijk SMJ, Koetsier E. Refill Port Identification of Intrathecal Drug Delivery System Devices with a Raised Fill Port, Pain Pract. 2019;19:418-425.
- Koetsier E, Franken G, Debets J, van Kuijk SMJ, Perez RSGM, Linderoth B, Joosten EA, Maino P. Effectiveness of Dorsal Root Ganglion Stimulation and Dorsal Column Spinal Cord Stimulation in a Model of Experimental Painful Diabetic Polyneuropathy. CNS Neuroscience & Therapeutics. 2019;25:367-374.
- Sacco R, Braga A, Disanto G, Digesu GA, Maino P, Koetsier E, Caccia G, Serati M, Renard J,
 Gobbi C, Zecca C. Effectiveness of percutaneous posterior tibial nerve stimulation for the
 management of bowel dysfunction in multiple sclerosis patients. Mult Scler 2020; Online ahead
 of print.
- Maino P, van Kuijk SMJ, Perez RSGM, Koetsier E. Refill Procedures of Intrathecal Drug
 Delivery Systems with a Recessed Fill Port on the Pump Surface: a Prospective Comparison
 Study of Ultrasound-Guided vs. Blind Refill Technique. Neuromodulation. 2019;22:799-804.

- Maino P, Presilla S, Colli Franzone PA, van Kuijk SMJ, Perez RSGM, Koetsier E. Radiation Dose Exposure for Lumbar Transforaminal Epidural Steroid Injections and Facet Joint Blocks under CT versus Fluoroscopic Guidance. Pain Pract, 2018;18:798-804.
- Maino P, van Kuijk SMJ, Perez RSGM, Koetsier E. Ease of Fill Port Access During the Ultrasound-Guided vs. the Blind Refill Technique of Intrathecal Drug Delivery Systems with a Raised Septum, a Prospective Comparison Study. Neuromodulation. 2018;21:641-647.
- Maino P, Perez RSGM, Koetsier E. Intrathecal Pump Refills, Pocket Fills, and Symptoms of Drug Overdose: A Prospective, Observational Study Comparing the Injected Drug Volume vs. the Drug Volume Effectively Measured Inside the Pump. Neuromodulation. 2017;20:733-739.
- Maino P, Koetsier E, Perez RSGM. The Accuracy of Template-Guided Refill Technique of Intrathecal Pumps Controlled by Fluoroscopy: An Observational Study. Neuromodulation. 2015;18:428-432. 647
- Koetsier E, Boer Ch, Loer, SA, Complaints and incident reports related to anaesthesia service are foremost attributed to nontechnical skills. European Journal of Anaesthesiology 2011;28:29-33.
- Baldeschi L, MacAndie K, Koetsier E, Blank LE, Wieringa WM, The influence of previous orbital irradiation on the outcome of rehabilitative decomplression surgery in graves orbitopathy. Am J Ophtalmol. 2008; 145: 534-540.

Case reports - Letters

- Maino P, Koetsier E. Reply to Letter to the Editor Regarding Sonographic Assistance for Intrathecal Drugs Delivery System Refill. Pain Pract. 2019;19:677.
- Koetsier E, Maino P. Commentary on: Safe Use of Epidural Corticosteroid Injections: Recommendations of the WIP Benelux Work Group, by Van Boxem et al., Pain Practice 2019;19:344
- Croci DM, Koetsier E, Maino P, Reinert M. Cervical radiculopathy caused by Vertebral Artery Loop: Is a
 focused fluoroscopic-guided cervical epidural steroid injection a possible treatment modality? Pain
 Practice. 2020;20:787-791.
- Maino P, Koetsier E, Kaelin-Lang A, Gobbi C, Perez RSGM. Efficacious Dorsal Root Ganglion Stimulation for Painful Small Fiber Neuropathy: A Case Report. Pain Physician, 2017;20:E459-E463.
- Koetsier E, Kallewaard JW, Maino P. Commentary on: Does provocative discography cause clinically important injury to the lumbar intervertebral disc? A 10-year matched cohort study, by Cueller et al. Spine J. 2017;17:610-611.
- Koetsier E, Maino P, Perez RSGM. Fentanyl Overdose Caused by Malfunction of SynchroMed II Intrathecal Pump: Two Case Reports. Reg Anesth Pain Med. 2014;39:434-437.

Narrative Reviews

• Barbero M, Schneebelia A, Koetsier E, Maino P. Myofascial pain syndrome and trigger points: evaluation and treatment in patients with musculoskeletal pain. Curr Opin Support Palliat Care. 2019;13:270-276.

ONGOING RESEARCH PROJECTS

In the role of Sponsor-Investigator:

- A Multicenter Prospective Randomized Controlled Trial Comparing Minimally Invasive SAIF
 Vertebral Reconstruction Technique versus Surgical Fixation in Unstable Osteoporotic
 Vertebral Compression Fracture, project in collaboration with the Department
 of Interventional and Diagnostic Neuroradiology, INSI, EOC Lugano, CH.
- The Impact of Cognitive Behavioral Therapy (CBT) on Treatment Outcome after Lumbar Spinal Fusion Surgery Patients with High Pain Catastrophizing: a Randomized Controlled Trial of CBT vs. Education plus Usual Care (two center study with the Zuyderland Hospital, NL, and Pain Management Center NSI, project in collaboration with the psychology department, Maastricht University, NL. https://clinicaltrials.gov/: NCT03969602

In the role of **Principal Investigator**

- An open label, randomized-controlled trial to assess efficacy and safety of HYALODISC combined with physical exercise program compared to standard care (Physical Exercise Program) in patients with low back pain due to Degenerative Disc Disease.
 https://clinicaltrials.gov/: NCT04757038
- Dorsal Root Ganglion Stimulation for the Management of Intractable Painful Polyneuropathy: A Prospective Case Series. https://clinicaltrials.gov/: NCT02435004
- A Randomized, Double-blind, Placebo-controlled, Multicenter Efficacy Study of the GelstixTM
 Device to treat Chronic Discogenic Low Back Pain (two center study with the Rijnstate
 Hospital, The Netherlands, and Pain Management Center NSI. Project in collaboration with
 the neuroradiology department, EOC Lugano, CH.

https://clinicaltrials.gov/: NCT02763956

- PREFerred Neurostimulation MODdalities to treat chronic intractable back pain, A 3x3
 Crossover Study. Project in collaboration with the Maastricht University.

 https://clinicaltrials.gov/: NCT04582721
- Development of the Italian version of Surgical Fear Questionnaire, a Cross-Cultural Adaptation and Assessment of Its Measurement Properties (project in collaboration with the Maastricht University, psychology department.
- Is PECS block equivalent to paravertebral block in preventing postoperative pain after breast surgery? A randomized, controlled, double-blind trial. project in collaboration with the anesthesiology department, PD Dr. med. Saporito, EOC Bellinzona.

https://clinicaltrials.gov/: NCT02645474

 Interaction between intravenous magnesium sulfate and volatile anesthetics compared to propofol. A three-center prospective randomized single-blinded electrophysiological study.

Systematic reviews:

- A Does Intradiscal Glucocorticoid Injection Provide Relief in Lumbar Back Pain? A
 Systematic review and Meta-Analysis of RCT's. Project in collaboration with the ortopedic
 department, Dr. med. Martin Riegger, EOC Lugano, CH
- Effecti of Pre-operative Expectations on the Outcomes following Spinal Fusion Surgery, a Systematic review. Project in collaboration with the neurosurgical department, Dr. med.
 Pietro Scarone, EOC Lugano, CH

In the role of Co-Investigator

 Wireless, Implantable Tibial Nerve Stimulator System for the Treatment of Refractory Lower Urinary Tract Symptoms in Patients With Multiple Sclerosis (Stimrouter). Project in collaboration with the neurourology department, EOC Lugano, CH.

https://clinicaltrials.gov/: NCT04567264

- Neuromodulation RELIEF STUDY (A7007), a global registry to evaluate long-term
 effectiveness of neurostimulation therapy for pain. https://clinicaltrials.gov/: NCT01719055
- Intravenous Dexamethasone Administration in Patients Undergoing Total Shoulder Arthroplasty.

https://clinicaltrials.gov/: NCT04507412

 A Study to Compare Different Ways of Steroid Administration After Total Knee Implantation.

 $https://clinical trials.gov/: \ NCT04432012$

 This is a Study to Verify if Tranexamic Acid Can Reduce the Anemia After a Femoral Shaft Fractures Surgery.

https://clinicaltrials.gov/: NCT04803591

MEMBERSHIPS

Associations/Societies

- International Association for the Study of Pain
- International Neuromodulation Society
- Swiss Society for Anaesthesiology and Resuscitation
- Swiss Society of Interventional Pain Medicine
- Ordine dei Medici Canton Ticino